



PENNSYLVANIA'S 1ST REGIONAL COMBINATION FIRE DEPARTMENT

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York, PA 17402

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Operation Hours : 24/7

www.YAUFR.com

BUDDY UP FOR ART



@YAUFRChief



/YorkAreaUnitedFireandRescue

FIRE CHIEF'S CORNER

Welcome to the third edition of the YAUFR Newsletter for 2019.

Hopefully everyone survived the summer heat and is looking forward to cooler weather as much as I am. As a department we continue to be busy with all kinds of projects and I would like to thank each of you for your time and commitment to the fire department mission.

Our busiest time of year is right around the corner with Fire Prevention week, which will see us busy with our normal events and presentations, plus open houses in each of our townships and kicking the whole week off with the dedication of our new apparatus. We certainly hope everyone can join us for that celebration.

The command staff just completed our budget work for 2020 and made our presentation to the joint townships on September 17th. We will now wait for approval of a budget that we feel helps us to continue accomplishing our mission in a manner that is mindful of our responsibility to the citizens we serve.

Crews have spent a lot of time working on inventory and outfitting our new apparatus this year and we now have five new pieces of suppression apparatus that will serve us well and that we can all be proud of. So, thank you for all your efforts on that front as well.

Our twice annual burn sessions are coming up in October and one of them will be a modified schedule to provide an opportunity for a brief Fire Ops session for our commission members and hopefully other elected officials as well. We are truly looking forward to this opportunity and believe it will be well worth their time to learn the reality of what our personnel do.

There is always much to do and countless ways to stay involved and contribute to the betterment of the department, all it takes is willingness on the part of our personnel. If you are not already involved in some extra activity, please consider lending your talents to making us even better than we are now. **Together Everyone Achieves More!**

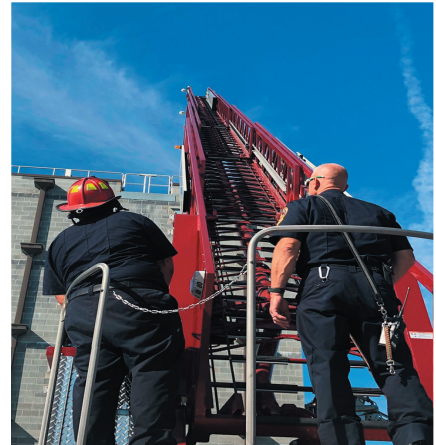
Thanks for all you do. Stay safe!

Chief Hoff



TRAINING


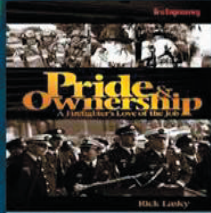
- YAUFR members completed a total of 5,804 training hours for the first quarter of 2019.
- Fall company burns are scheduled for October 23rd, 30th, and November 6th.
- CPR/AED recertification classes have been scheduled for Second Battalion personnel. They are December 13th at 09:00, December 15th at 13:00, and December 17th at 09:00 at Station 895.
- Both Battalions had a total of 77 QRS responses last quarter.
- Both Battalions completed a total of 26 pre-plans last quarter.
- Check your EMT con-ed status. Make sure you are on schedule to have the required hours for recertification. Make sure all material is submitted to the Federation in a timely manner to avoid any issues before your certification expires.
- Don't forget to enter all your daily training in Target Solutions. Check your training tracker to monitor your required ISO training hours for the year.
- Please forward copies of training certificates that you receive so we can keep your training records current.



2019 Year To Date
Number of Incidents - 2,791
Station 891 YTD - 703
Station 892 YTD - 411
Station 893 YTD - 367
Station 894 YTD - 495
Station 895 YTD - 815
Year To Date Fire Loss - \$2,004,400
Year To Date Property Saved - \$28,887,200
Dispatch to Enroute Time - 01:51
Response To 1st Arrival Time - 04:58

TRAINING OPPORTUNITY

**YORK AREA UNITED FIRE AND RESCUE
PRESENTS:
CHIEF RICK LASKY
PRIDE AND OWNERSHIP: THE LOVE FOR
THE JOB**

Pride and Ownership holds no punches. Chief Rick Lasky takes a hard look at the fire service and finds it short on the only element that makes it effective: passion. Chief Lasky gives an upfront and honest criticism about the need to reignite the love of the job on every level, from chiefs on down.

Program Features:
Our Mission, The Firefighter, The Company Officer, The Chief, Our Two Families, Ceremonies That Stoke the Flames of Tradition, Marketing Your Fire Department, Making It All Happen and Taking Care of Number 1, Have You Forgotten?

Date: November 16th, 2019 / **Time:** 9:00 am – 5:00 pm
Location: Central York Middle School Auditorium
1950 North Hills Road
York, Pa. 17406

Target Audience: All fire service personnel

Cost: \$20.00 per person

For questions contact:
YAUFR Headquarters @ 717-718-2383 or Training@yaufr.com

Registrations and fees should be sent to
YAUFR - 50 Commons Drive - York, Pa. 17402

DID YOU KNOW?

York Area United Fire & Rescue offers Fire Extinguisher Training for your organization. We can come to your location with our self-contained demonstration trailer, and provide the following services to your staff:

Fire Extinguisher Operation
Classifications of Fire
Types of Fire Extinguishers
Hands-On Fire Extinguisher Operation with a propane-based fire



For details on pricing and scheduling, please contact PublicEducation@Yaufr.com or 717-718-2381.

FIRE PREVENTION

National Fire Prevention week is October 6th – 12th.

Throughout this week, and the entire month of October, York Area United Fire & Rescue will be out and about through the community spreading the word on fire safety. This year, our theme will be “Not every hero wears a cape. Plan and Practice your Escape”.

Did you know that National Fire Prevention Week is the longest running public health observance event in the United States? It has been an official national event since 1925, thanks to President Calvin Coolidge.

Throughout the month of October, please check out our Facebook page for pictures and important safety tips.



- As always, please remember to check the batteries in your detectors. We always suggest changing the batteries in your detectors when you change your clocks for daylight savings time in the spring and fall.
- Should you find that your alarm is out of date or not functioning, they can be purchased at any hardware store. If you need assistance with installation, obtaining a detector, or if you have any other questions relating to smoke detectors or fire safety – please contact our office at 717-718-2381.
WORKING SMOKE DETECTORS SAVE LIVES!
- Do you have an upcoming event in your neighborhood, at your office, or in the community that you would be interested in having our staff attend to present fire safety information? Our department is happy to assist you **FREE** of charge.
To schedule, please contact PublicEducation@Yaufr.com or 717-718-2381.

OPEN HOUSES



Fire Prevention Week

Open House Schedule

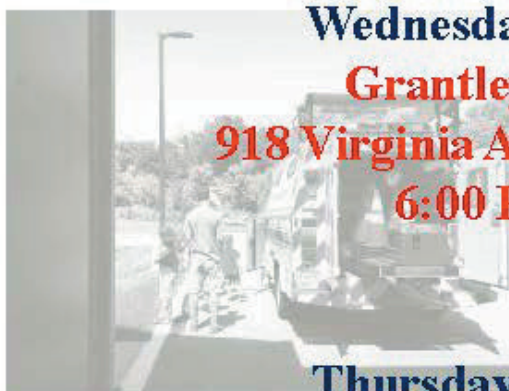


Tuesday October 8, 2019

Springetts Fire Company

50 Commons Drive York, Pa. 17402

6:00 PM – 8:00 PM



Wednesday October 9, 2019

Grantley Fire Company

918 Virginia Avenue York, Pa. 17403

6:00 PM – 8:00 PM



Thursday October 10, 2019

Manchester Township

3200 Farm Trail Road York, Pa. 17406

6:00 PM – 8:00 PM

*Join us for food, fun, station and apparatus tours, and
a chance to learn more about your fire department*



KEEPING KIDS SAFE & SECURE

Child Passenger Safety

The week of September 15-21 was National Child Passenger Safety week, sponsored by the National Highway Traffic Safety Administration. Vehicle crashes are a leading cause of death among children. Car seats and boosters are one of the easiest ways to keep your child safe and, when installed correctly, car seats can reduce the risk of fatal injury in a crash by 71% for infants and by 54% for toddlers. In 2017 alone, 37% of children killed in vehicle crashes were not buckled in at all, making these deaths preventable. Choosing the right vehicle restraint method for your child and using it properly is a critical factor in keeping your child safe.

YAUFR has several certified child passenger safety technicians available to assist parents and caregivers with child safety seat installation and passenger safety concerns. We assist SafeKids York County with regional Car Seat Checkup events, and we are a SafeKids car seat inspection station.

Individual car seat checks are available by appointment only. Contact us at 717-718-2383.

Car seat checks will be available at each of our Fire Prevention Open Houses.



Preventing accidental injury.

CARBON MONOXIDE AND SMOKE DETECTORS

How familiar are you with the dangers of Carbon Monoxide (CO)?

Did you know that “CO” is a colorless, odorless, and tasteless gas? Without the protection of a simple and inexpensive detector, you and your family may be at risk. These detectors work much like the common smoke detector, except that they check the air for the levels of CO in “parts per million”. If you have gas fueled appliances (commonly a dryer, furnace, hot water heater, or a stove), a chimney, or if you run gas engines near your home, it is important to have functional CO detectors in your home. The longer you are exposed, the more severe the issues can be! Common symptoms of CO poisoning are similar to the flu and include headaches, nausea, vomiting, and confusion.

As always, please remember to check the batteries in your smoke detectors as well. We always suggest changing the batteries in your detectors when you change your clocks for daylight savings time in the spring and fall.

Should you find that any of your detectors are over 10 years old, they can be purchased at any hardware store. If you need assistance with installation, obtaining a detector, or if you have any other questions relating to smoke detectors, CO, or fire safety – please contact our office at 717-718-2381.

ONLY WORKING DETECTORS SAVE LIVES!



EMPLOYEE SPOTLIGHT

Our employee spotlight for this edition of YAUFR Newsletter will focus on
FF Nate Baker and FF Christopher Mowry

1. How long have you worked for the fire department? I have worked full time for YAUFR since August of 2019. Prior to that I worked part time for YAUFR beginning in December of 2018. In 2017, I started my Career with a Fire Department within the state of Maryland.

2. Before working for the fire department what was the most unusual or interesting job you had? Prior to working for the Fire Department the most interesting job I held was building and designing emergency vehicles for Police and local Fire Departments.

3. How or why did you become involved in the fire service?
I became involved in the fire service at a young age following the footsteps of my grandfather and father.

4. What is your proudest fire service moment? My proudest fire service moment would be graduating from a Career Fire Academy.

5. If Hollywood made a movie about your life, who should be cast to play you? If Hollywood made a movie about my life, it would be Dave Coulier, (Joey Gladstone) from Full House.

6. What is your favorite travel or vacation spot? My favorite vacation spot would be the beach in Cape May, New Jersey.

7. What is your favorite past time? My favorite past time would be spending time outdoors hunting and fishing.

8. What are the top two items on your bucket list? The top two items on my bucket list would be to go skydiving & travel to Australia

9. If you could live anywhere in the world where would it be and why?
If I could live anywhere in the world it would be Alaska, I enjoy cold weather and it would be a great place to enjoy the outdoors.

10. Tell us one thing about you that would surprise most people.
One thing that would surprise most people would be that growing up I always wanted to become a Police Officer but closer to high school graduation realized Firefighting was the career path I wanted to go with.



Firefighter
Nate Baker



EMPLOYEE SPOTLIGHT

1. How long have you worked for the fire department? August was 11 years at Manchester Twp. Prior to that I worked 2 years in South Carolina for Midway Fire Rescue in Pawleys Island.

2. Before working for the fire department what was the most unusual or interesting job you had?
Shooting windows with 2x4s and running tests on them at Architectural Testing.

3. How or why did you become involved in the fire service? My father was a fireman and I grew up immersed in it. Seeing his friendships and how happy it made him had me sold.

4. What is your proudest fire service moment? Being part of rescuing an unconscious female at a structure fire and finding out she made a full recovery while volunteering in Lancaster.

5. If Hollywood made a movie about your life, who should be cast to play you?
Jim Carrey, he's the only one who could act as weird and goofy as I am on a fairly regular basis

6. What is your favorite travel or vacation spot? Pawleys Island SC

7. What is your favorite past time? Baseball

8. What are the top two items on your bucket list? Travel to Italy, hike a few days in Utah

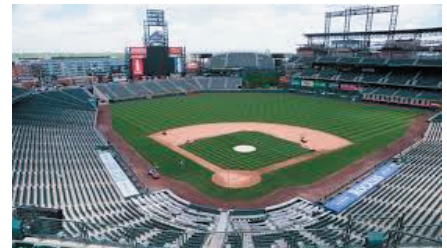
9. If you could live anywhere in the world where would it be and why? South Carolina. The slow pace and beach.

10. Tell us one thing about you that would surprise most people. When I'm off I enjoy taking photos of the night sky and reading up on astronomy and space science.

11. Anything else you might want people to know about you. Love being a family man, focusing on my kids and coming to work every third day!



Firefighter
Christopher Mowry



HEALTH CORNER !

10 Ways To Stay Healthy This Fall

1. Add fall harvest vegetable to your diet. Eating fruits and vegetables that are in season has always been a good idea, but Kathryn O'Brien, M.H.Sc., Nutritionist at [evolve Nutrition](#), told TapGenes that the harvest crops can help keep us healthy.

"Add sweet Potatoes and carrots into your diet as they are high in antioxidants, which support your immune function." O'Brien advises. "These other fall foods that are high in vitamin C will also keep you healthy in cold and flu season - broccoli, Brussels sprouts, cauliflower kale, tomatoes, and red, green or yellow peppers."



2. Eat more Garlic and Onions. Garlic and Onions are favorites of mine, but [O'Brien](#) says they're more than just tasty because they can help keep us healthy. "Garlic and onions are full of something called allicin, which fights infection and bacteria," she reports.

3. Take vitamin D. Getting enough vitamin D is [essential for strong bones](#), but it can also boost your immune system. [O'Brien](#) told TapGenes that "the most important immune boosting supplement to load up on in early fall is Vitamin D, So talk to your health care provider for proper dosage for both you and your children."

4. Eat more soup. The advice your mother gave you when you were a child? It was right! "Homemade soup and even canned soup has been found to help stop the accumulation of inflammatory white cell in the bronchial tubes" O'Brien confirms. "The salty broth also can help thin out mucus, just like cold medicine!."

5. Get more sleep. Staying up too late and getting up too early may help you get all your work done, but it can be putting you at risk of catching the cold or flu. [Deborah Gilboa, MD](#), family doctor, and author of the new book [Get the Behavior You Want... Without Being the Parent You Hate!](#) told TapGenes, "Sleep is great immune-booster! As schedules change remember that explaining to kids the healing power of sleep, and scheduling in enough time for everyone in the family will keep germs at bay."

6. Stay hydrated. Making sure you get enough water isn't just about good skin and feeling rested, [Dr. Gilboa](#) says.

"Healthy hydration helps to prevent and fight germs, and keep the skin and kidneys in tip-top shape. Also, if a child (of adult) gets an illness that makes them too tired to drink well, good hydration beforehand will give them better reserves, and make them less likely to need IV fluids."



HEALTH CONTINUED

7. Exercise. Mild to moderate exercise will improve sleep, and also strengthen the body's ability to fight off colds," says Dr. Gilboa, meaning those exercise routines you started in the summer should continue through the fall season.

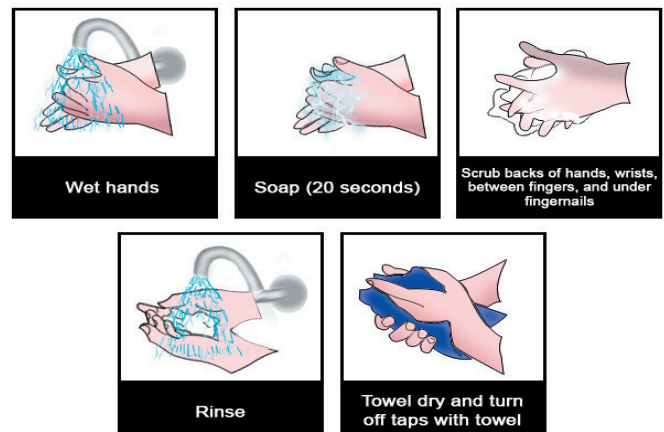
8. Wash your hands. We've been encouraged to [wash our hands with warm water](#) and soap for many years and the advice holds true still today. Since germs live on hands and surfaces, washing helps us from becoming infected with the cold or flu virus.

9. Avoid touching your eyes, nose, or mouth. Sounds hard to do and, well, it can be hard to keep this tenet in practice. But the [Center for Disease Control and Prevention](#) says it's important because that's now germs are spread.

"Germs are often spread when a person touches something that is contaminated with germs and then touches his or her eyes, nose, or mouth," the CDC warns.

10. Stay home when you're sick. Many of us are hesitant to take precious sick day or the cancel events when we are not feeling well. But staying home to rest will help you get better quicker and will help prevent your sickness from spreading to others in the workplace or at school. The Center for Disease Control and Prevention [agree!](#)

Hand Washing Steps



MAKING MEMORIES

Recently, several members of our department participated in a program called "Buddy Up For Art". This program pairs an adult with physical or mental disabilities with one of our employees to create a one of a kind painting that each of them can keep a part of as a memory of the event. The smiles on the faces of everyone that participated that day were amazing, and we hope to do this event again in the future! If you're interested in learning about the event, please see their website at

<https://artchangesthings.wixsite.com/act-site/buddy-up-for-art>, or contact them at buddyupforart@gmail.com.



MAKING MEMORIES



HOUSING CEREMONY



YORK AREA UNITED FIRE AND RESCUE

Office of the Fire Chief

Daniel J. Hoff, Fire Chief

PRESS RELEASE

Release 2019 - 03

September 11, 2019



York Area United Fire & Rescue has recently placed four new engines and one new ladder truck in service. The new apparatus was manufactured by Spartan, and each one of our stations has received one of these new pieces.

On Sunday, October 6th 2019 at 2:00pm we will be conducting a housing ceremony at Station 891 (50 Commons Drive, York PA 17402). During this ceremony, we will be recognizing several individuals who have had a significant impact helping to make YAUFR what it is today. We invite anyone to attend this brief ceremony and dedication and take the opportunity to look over some of the newest apparatus in York County.

WORKING SMOKE ALARMS SAVE LIVES!

Media Inquiries Can Be Directed to (717) 718-2381

50 Commons Drive, York, Pennsylvania 17402
(717) 718-2383 Fax 718-0837

www.vaufr.com

Pennsylvania's First Regional Combination Department

BUILDING CONSTRUCTION AT STATION 893

If you have driven by our Commonwealth Station recently you have no doubt witnessed a great deal of activity. Our Springettsbury volunteers have once again supported the efforts of the fire department in their usual fashion by erecting a brand-new storage building with an attached training tower for use by all of our YAUFR personnel. This project will allow the department to better care for seasonal equipment by providing inside storage, provide areas for bulk storage of supplies and also better accommodate training evolutions right at the station. We are extremely appreciative of the relationship we have with all our volunteer companies and the support they provide to the fire department mission.

