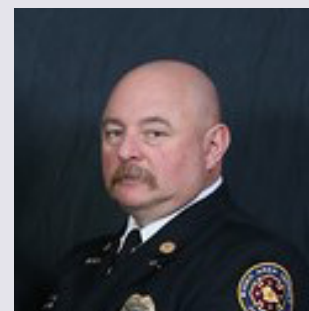


PENNSYLVANIA'S 1ST REGIONAL COMBINATION FIRE DEPARTMENT



➤ **Inside This Issue**

- *Fire Prevention Week*
- *Knox Box Information*
- *Employee Spotlight*



Daniel J. Hoff
Fire Chief

John Woods
Battalion Chief


Jay VanPelt
Battalion Chief

Matt Arnold
Battalion Chief

Joe Madzellan
Battalion Chief

Headquarters
 50 Commons Drive
 York, PA 17402
 Office: 717-718-2383
 Hours of Operation:
 Mon. thru Fri. - 7:00 to 3:00

www.YAUFR.com

 @YAUFRChief

 /YorkAreaUnitedFireandRescue

CITIZENS FIRE ACADEMY

FIRE PREVENTION

National Fire Safety weeks is October 8th – 14th. This year the focus is “Every Second Counts – Plan 2 Ways Out”. Throughout the month of October, we will be visiting many schools, churches, and events in our area. Please check out our Facebook page for pictures and important safety tips throughout the month!

As always, please remember to check the batteries in your detectors. We always suggest changing the batteries in your detectors when you change your clocks for daylight savings time in the spring and fall.

Should you find that your alarm is out of date or not

functioning, they can be purchased at any hardware store. If you need assistance with installation, obtaining a detector, or if you have any other questions relating to smoke detectors or fire safety – please contact our office at 717-718-2381. WORKING SMOKE DETECTORS SAVE LIVES!

Do you have an upcoming event in your neighborhood, at your office, or in the community that you would be interested in having our staff attend to present fire safety information? Our department is happy to assist you FREE of charge. To schedule, please contact PublicEducation@Yaufr.com or 717-718-2381.

FIRE SAFETY AND PREPAREDNESS FOR BUSINESSES

As a business owner or manager, you want to protect your employees, your customers, and the business itself from harm.

If you own or operate a business in Manchester, Spring Garden, or Springettsbury Townships, you should be aware that each municipality has adopted a fire and life safety code. These fire codes exist to reduce the risk of fires and ensure that, should a fire or emergency occur, everyone inside can get out quickly and safely. Here is a basic list of fire code requirements. This list, while not all-inclusive, includes the most common code issues that the fire department encounters.

- ❖ Every business must have one or more fire extinguishers mounted in a conspicuous location. The exact number and type of extinguishers depends on the type and size of the business. Fire extinguishers must be serviced and tagged annually by a licensed fire extinguisher service company.
- ❖ Fire alarm systems must be inspected and tested annually by a licensed fire alarm contractor. A copy of the inspection report should be available for review upon

request of a fire inspector.

- ❖ Fire sprinkler, commercial cooking fire suppression, and other special purpose fire suppression systems must be inspected and tested annually by a licensed fire suppression contractor. A copy of the inspection report should be available for review upon request of a fire inspector.
- ❖ Building address and/or suite numbers should be visible from the street so that emergency services personnel can quickly locate the business.
- ❖ Interior emergency lighting and exit signs should be tested monthly. This can be done by any employee of your business by pressing the test button on each sign or emergency light fixture. These emergency fixtures contain batteries to operate lights in the event of a power failure. Over time, the batteries will no longer hold a charge and must be replaced.
- ❖ Exit doors should never be blocked or locked while the building is occupied. You should maintain a clear path through the business to all exits.

- ❖ Trash should never be allowed to accumulate in or around the business, particularly near furnaces, water heaters, and other fuel-fired or powered equipment.
- ❖ Clear space of at least 36" should be kept around all electrical panels.
- ❖ If there are fire hydrants or fire sprinkler system connections located on or near your property, they should be kept visible and accessible. Do not plant shrubs, flowers, etc. around them, do not allow parking or storage in front of them, and in the winter, make sure snow is cleared from around the hydrants and connections.
- ❖ If your building is equipped with a Knox Box, you should contact the fire department at least annually to verify that the keys contained in the box are current. More information on Knox boxes and their purpose is contained elsewhere within this edition of the newsletter.

The fire department wants to be your partner in fire safety. If you have any questions, or would like someone to conduct a walkthrough of the premises, please contact us at 717-718-2383.



How fast does fire move? Very fast. You could have less than 2 minutes to get out safely once the smoke alarm sounds.

7 steps to practicing your escape plan

For more information about escape planning, visit: www.usfa.fema.gov and www.firepreventionweek.org.

Click here to add image.



Stay connected to the information that matters most to you!

Stay instantly informed of trusted, neighborhood-level public safety and community information.

You choose the information you want, for the addresses you want, all delivered by text message, email and over the web.

Simple • Trusted • No Cost

Manchester, Spring Garden and Springettsbury Township and Mount Wolf Borough Residents

YAUFR is now live on the Nixle Public Safety Notification System.

Text YAUFR to 888777 to sign up and stay informed of important emergency services messages in our area.

EVACUATING COUNTY RESIDENTS IN NEED

If you are a resident in Spring Garden, Springettsbury or Manchester Townships and would need assistance in the event of an emergency to evacuate your home, please take a moment and complete the information on the next two pages and send it to York Area United Fire and Rescue 50 Commons Drive York, Pa. 17402. This will help us get to you in the event of emergency conditions affecting our area.

-EMERGENCY INFORMATION --- CONFIDENTIAL

*******EVACUATING COUNTY RESIDENTS IN NEED******* **Municipality

R = REQUIRED ** ECRIN ID NUMBER: ___ - ___ ** A / I / D: ___ Completes

R. Date of Initial Completion: ___/___/___ R. Date of Last Update: ___/___/___

R. House: Own ___ Rent ___ MH/R Group Home ___ CYS Foster Care ___

R. Do you **SPEAK** English? Yes ___ No ___ R. Do you **READ** English? Yes ___ No ___
If the answer is NO, what is your **Native Language**? _____

Personal Information

R. Name: _____ R. Phone: _____
R. Address: _____ R. Cell Phone: _____
R. Township / City / Borough: _____ E-mail: _____
R. Zip Code: _____ R. Date of Birth: / /
R. Male: ___ Female: ___

R. **Mobility: Check if the answer is 'yes.'**

Confined to Bed
 Confined to Wheelchair
 Require Medical Support Equipment, Oxygen/Ventilator, or Other: _____
 Walk with Walker, Cane or Other: _____
 Hearing impairment
 Sight impairment
 Other Personal Situation: _____
 Without any Personal Means of Transportation
 Service Animal

R. I might not be able to evacuate without help due to a: Mental Disability, Mental Retardation, Autism, Alzheimer's or due to not being able to verbally respond. Yes ___ No ___

◆ These things make me afraid (Loud Noises, Sirens, Being Approached from Behind, etc.): _____

◆ This is where I would hide if I was fearful (Inside, Outside): _____

I must take **medicine** daily which is prescribed by my doctor. Yes ___ No ___

Primary Care Physician: Telephone Number: _____
Name: _____ Address: _____

EMERGENCY CONTACT: Name: _____ Phone: _____ Cell: _____ Address: _____ E-mail: _____ Relationship: _____	EMERGENCY CONTACT: Name: _____ Phone: _____ Cell: _____ Address: _____ E-mail: _____ Relationship: _____
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Do you have **pets** in the household needing evacuation? Yes ___ No ___

-EMERGENCY INFORMATION --- CONFIDENTIAL

Privacy Information: Privacy of Health Information / HIPAA Disclosures in Emergency Situations

Question: May an emergency official make disclosures to public officials who are responding to any man-made or natural emergency?

Response: Yes. Various agencies and public officials will need protected health information to deal effectively with a man-made or natural emergency. To facilitate the communications that are essential to a quick and effective response to such events, HIPAA permits covered entities to disclose needed information to public officials in a variety of ways. Covered entities may disclose protected health information, without the individual's authorization, to a public health authority acting as authorized by law in response to a man-made or natural emergency see 45 CFR 164.512(b), (see 45 CFR 164.512(j), (see 45 CFR 164.512(f)); 45 CFR 164.512(k)(2)); or judicial and administrative proceedings (see 45 CFR 164.512(e)).

MY CONSENT

My Signature Below Authorizes Us to Share Information With:

*York County Human Services, Emergency Management, and other Individuals involved in entering data into ECRIN

- *Fire *Police *Emergency Responders
- *Emergency Officials *Municipal Officials

My Signature Below Also Represents Agreement With the Following Statements:

Liability: Neither the County of York (or any of its elected officials, employees, agencies or departments), York County Planning Commission, your local Municipality nor any of the individuals or entities involved in the accumulation of data, entry of data or use of the data can assure the accuracy, completeness, or reliability of the information provided or the use of that information in an emergency situation. Under no circumstances shall the County of York nor the other entities as noted previously be liable to you, including claims of negligence, for any special, incidental, direct, indirect, punitive or consequential damages.

Information: I agree that you may retain my information and use it for emergency planning and response, effective from the date of my signature and continues until / if I submit a signed, dated notice to my local Municipal Office, to the attention of Emergency Management, requesting that they remove my information. I understand that my local Municipality may contact me to verify my information, and if I fail to respond, the Municipality may remove my name from the ECRIN service. I understand that I am also responsible for notifying my Municipality if I change my address.

X _____ (Signature or Authorized person)	X _____ (Witness)
X _____ DATE	X _____ Relationship

City, Borough, Township:

EMERGENCY MANAGEMENT RECEIVES POSITIVE FEEDBACK FROM TMI DRILL

Evaluators from both the Pennsylvania Emergency Management Agency and FEMA gave positive feedback to YAUFER Emergency Management staff after the Three Mile Island nuclear power plant drill held on April 11, 2017.

The evaluators noted that the EOC was set up rapidly following the activation of the simulation. As EOC staff arrived, they received assignments and immediately went to work, following their assigned tasks. The evaluators noted excellent communication between all personnel involved in the drill and coordination with other participating agencies, including York County Emergency Management and Fire Police. We would not be able to perform many emergency management functions without the use of dedicated volunteers.



VOLUNTEER

YAUFR REGIONAL EMA SEEKING VOLUNTEERS

We are still in need of volunteers to expand our EMA staff.

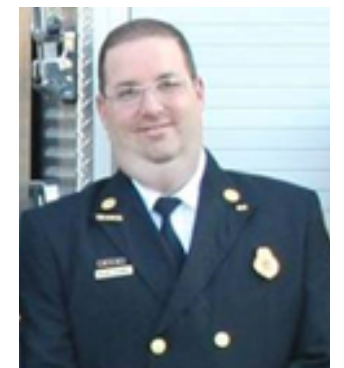
Unlike volunteer firefighters, most emergency management volunteers work in an office-like environment, with minimal physical requirements. Training is required, but most classes can be done online at your convenience. If you are interested in volunteering, please contact us at 717-718-2383, and ask for an Emergency Management volunteer application.

PROMOTIONS



CAPTAIN

Captain Patrick Mooney
Station 894



CAPTAIN

Captain William Blackwell
Station 895

EMPLOYEE SPOTLIGHT

In an effort to highlight our employees, each edition of the YAUFR newsletter will introduce one or more of our personnel.

This month our employee spotlight shines on Captain Richard Higgins. Captain Higgins is assigned to Station 892 on A Shift

What is your role in YAUFR?

Station Captain at station 892

Before working at YAUFR what was the most unusual or interesting job you've ever had?

Aviation Technician in the United States Marine Corps

What advice do you have for prospective YAUFR candidates?

Know your job, Love your job and stand on your own 2 feet.

What are 3 words to describe YAUFR?

Caring, Committed and Progressive

What do you find the most challenging at YAUFR?

Dealing with computer work

What do you like most about YAUFR?

Serving the community.

What drew you to the fire service originally? And how has the fire service changed since?

After getting out of the Marines I still wanted to serve my community.

What has been your favorite project at YAUFR?

Helping to train new Firefighters.

What is the favorite part about working for YAUFR?

The camaraderie between most of the members.

What is your proudest moment at YAUFR?

Making Captain.

How do you balance your career and family?

Work on it every day.

Any favorite line from a movie?

"Improvise, Adapt, Overcome" from Heartbreak Ridge

Any random facts you could share with us?

I'm a military history buff.

Best vacation you've been to?

Scotland

Do you have a favorite quote?

"My fellow Americans, ask not what your country can do for you, ask what you can do for your country" - JFK

If given a chance, who would you like to be for a day?

Chairman of the Joint Chiefs of Staff

If you could interview one person (dead or alive) who would it be?

Neil Armstrong



Captain Richard Higgins

“ Love your job ...”

If you could meet anyone in the world dead or alive who would it be and why?

My paternal grandfather, I never had the chance to meet him.

Motto or personal mantra?

Honor, Courage, Commitment

Top 4 life highlights?

My children

What are three career lessons you've learned thus far?

Continue to learn
Always work hard
Own up to your mistakes and learn from them

What does a typical day look like for you?

There is no such thing as a typical day in my life

What is your biggest pet peeve?

People who lack commitment

Where is your favorite place to eat?

My recliner

Where would you like to go on a dream vacation?

An elk hunt.

You're happiest when?

I'm happiest when I'm with my family and friends

KNOX BOX INFORMATION**What is a Knox Box?**

A Knox Box is a secure, key retention system designed to contain necessary building keys. The box contents are only accessible by the fire department using a unique master key, and are used by the fire department personnel to gain access to a building to investigate an alarm or possible emergency when it is not occupied. This prevents unnecessary damage due to forcibly opening a door or window.

How to purchase a Knox Box

As these boxes are proprietary, they can only be purchased through the Knox corporation. A Knox Box may be purchased directly from the manufacturer by visiting their web site at www.knoxbox.com. Click on "Buy", type "York Area" in the Enter Department Name box, then click "Search." Alternatively, paper order forms are available at York Area United Fire & Rescue's Headquarters, located at 50 Commons Drive, in Springettsbury Township.

Installation Information

- ❖ York Area United Fire & Rescue does not require a particular style or color of Knox product. You should select the product that can hold the number of keys to be placed in it.
- ❖ Contact the Fire Department prior to installation to coordinate the placement on your property, as this will vary from location to location.
- ❖ Property owners are NOT required to connect a Knox Box to the building alarm system, but may do so if desired.
- ❖ After the Box is installed, contact us to arrange locking the keys inside. Only the fire department can open and close the box.
- ❖ Property owners are responsible for notifying YAUFR any time building keys are changed, so that the keys in the Knox Box may be updated.
- ❖ Should the property have gates or similar features that may further restrict Fire Department access, you may also need to install a Knox padlock or other access solution. Again, please contact us with any questions

PUBLIC EDUCATION

York Area United Fire & Rescue, in coordination with York City Fire & Rescue and VFIS, is holding a Citizen's Fire Academy during the months of August and September. During this program, participants will be trained on fire department operations, and will be given the opportunity to extinguish live fire and assist in cutting a vehicle apart during vehicle extrication training.

Over the last few months, all York Area United Fire & Rescue personnel were issued new radios. This was done in conjunction with the York County 911 center as part of a county-wide project to update all radios for all emergency services organizations.





FIRE CHIEF'S CORNER

Greetings,

Welcome to the August edition of the YAUFRR Newsletter. We sincerely hope this edition finds everyone finishing up their summer safely and getting their children ready for another school year. As we head into the school year, please pay special attention to areas around schools and bus stops to ensure the safety of our children and school personnel. Before you know it there will be cooler temperatures, high

school football games and those leaves will begin changing colors.

Your fire department has been busy this year and it is hard to believe we are already on the back half of the year. Our budget process is well underway for 2018 and we are working hard to finalize the terms of merger with Manchester Township. Our officer development program will pick up again this fall with Incident Safety Officer being offered in late October/November. Fire Officer II is scheduled for the first half of 2018 and the program will continue to respond to the needs of the department personnel.

We have two new captains in the department and are extremely proud of Captain William Blackwell and Captain Patrick Mooney for the effort they put into the promotional process. We wish them all of the best in this next chapter of their career.

Mentoring and career counseling is always available to any of our personnel, career or volunteer, and we encourage participation by everyone. We also continue to encourage participation in committees and projects that the department has ongoing. If there is a will to go the extra distance, that is all that is needed. We will never turn down interest.

If you have not done so yet, please remember to sign up for Nixle alerts and tell your family and friends about it as well. It is free and keeps you informed about anything happening that affects our response area. We are also looking into an internal setup that allows the software to be used as a backup paging platform for the department.

We encourage feedback and suggestions from our personnel, and the public we serve, and look forward to a safe fall and winter.

Be safe and take care of one another!

Chief Hoff



TRAINING

YAUFRR would like to offer a Fire Officer II certification class in the spring of 2018.

Any member who is interested in attaining Fire Officer II certification should contact BC Van Pelt. Congratulations to the members who have received Fire Officer I certification.

Don't forget to enter all your daily training in Target Solutions. Check your training tracker to monitor your progress to reach the minimum ISO required training hours for the year. As a reminder, copies of Target Solutions EMS con-ed certificates must be sent to the Federation to receive con-ed credit. Don't forget that the new 2017 State Protocols are in effect as of September 1, 2017.

If any members are interested in becoming certified to perform child seat safety checks, please contact BC Van Pelt.

As a reminder, please forward all copies of certificates that you receive to BC Van Pelt. These are required to keep your training file as accurate as possible.

FIRE PREVENTION

Fire Safety Month is coming.

We recognize that this is a busy time for the entire department, so thank you in advance for the countless hours you will spend interacting with our public! Following the NFPA's program, this year we will be focusing on these topics:

- ❖ Draw a map of your home with all members of your household, marking two exits from each room and a path to the outside from each exit.
- ❖ Practice your home fire drill twice a year. Conduct one at night and one during the day with everyone in your home, and practice using different ways out.
- ❖ Teach children how to escape on their own in case you can't help them.
- ❖ Make sure the number of your home is clearly marked and easy for the fire department to find.
- ❖ Close doors behind you as you leave – this may slow the spread of smoke, heat, and fire.
- ❖ Once you get outside, stay outside. Never go back inside a burning building.

INFORMATION TECHNOLOGY

Access to department AFSPM's and General Orders will be made available in early September. In addition, there will be cloud-based storage for Captains and each station for their area and equipment. More details will be provided soon!

HEALTH AND SAFETY

Firefighters, high blood pressure and tips for lowering it

Blood pressure is the force of blood against the walls of the arteries. Blood pressure rises and falls throughout the day. When blood pressure stays elevated over time, it's called high blood pressure or hypertension.

There are several things that we can do to control high blood pressure:

First – have your blood pressure checked regularly – knowing your numbers helps you stay in charge of your health. Additionally fire fighters should:

- ❖ Maintain a healthy weight range, based on your age and gender
 - ❖ Exercise a minimum of 30 - 60 minutes 5 times a week
 - ❖ Reduce your salt intake
 - ❖ Take medications as directed by your Physician. Be sure that your Physician understands exactly what your duties include - some prescribe medications can dehydrate you
 - ❖ Reduce alcohol consumption
 - ❖ Increase your potassium intake (Bananas are high in potassium) to help lessen the effects of sodium on blood pressure
 - ❖ Avoid tobacco products
 - ❖ Reduce your caffeine intake
 - ❖ Take steps to reduce your stress outside of the firehouse
- ***and get some good rest on your off duty time***